

THURSDAY NIGHT SUPER SPRINT

AUGUST 25, 2022

STANDARD DISTANCE - 200 SWIM 3 LAPS BIKE, 2 LAPS RUN		
Position	Name	Time
1	Nick Pilgrim	22.46
2	Cameron de ste Croix	26.27
3	Karen Smith	26.29
4	Chris Fosker	27.06
5	Nicole Mitchell	27.53
6	Arthur Wightman	28.24
7	Rory Shepherd	28.52
8	Sanchez Smith	28.57
9	Yan Leclerc	31.09
10	Paul Tohill	31.55
11	Rory Fosker	32.50
12	Tallulah Parkinson	34.07
13	Deryck Raymond	34.09
14	Makao Butterfield	34.37
15	Jasper Lau	34.38
16	Rohan Roopra	34.43
17	Oli Soares	35.57
17	Daisy Langley	37.11
19	Riana Robinson	37.53
20	Gary Joel	38.24

13-15 CARIFTA DISTANCE - 400 SWIM 4 LAPS BIKE, 3 LAPS RUN		
Position	Name	Time
1	Jackson Langley	36.18
2	Nell Wightman	39.05
3	Ollie Hayward	39.44
4	Jauza James	42.07
5	Noah Maranzana	42.50
6	Nayland Harris	44.22

7	Leana Coetsee	44.53
8	Gordon Smith	46.43
9	Ella Shepherd	48.38

SHORT DISTANCE - 100 SWIM 2 LAPS BIKE, 1 LAPS RUN		
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Position	Name	Time
1	Owen Fosker	21.01
2	Ella Metschnable	21.06

OTHER DISTANCES

200 SWIM 2 LAPS RUN		
Position	Name	Time
1	Logan Jones	16.41

400 SWIM 3 LAPS RUN		
Position	Name	Time
1	Connor Hupman	19.16

400 SWIM 4 LAPS RUN		
Position	Name	Time
1	Tommy Marshall	21.09

400 SWIM 4 LAPS BIKE		
Position	Name	Time
1	Jake Smith	25.20

200 SWIM 3 LAPS BIKE, 1 LAPS RUN		
Position	Name	Time
1	Julia Hawley	25.34
2	Jacob Leclerc	32.13
3	Sofia Leclerc	33.46

200 SWIM 2 LAPS BIKE, 1 LAPS RUN		
Position	Name	Time
1	Charmaine Smith	32.09
2	Chris Smith	33.44

100 SWIM 1 LAPS BIKE, 1 LAPS RUN		
Position	Name	Time
1	Cameron Fox	28.17

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400 SWIM 4 LAPS BIKE, 1 LAPS RUN		
Position	Name	Time
1	Marleigh Howes	34.58