

<u>Standard Distance - 200m swim/3 laps bike/2 laps run</u>				
24.41	Nick Pilgrim			
25.43	Jamie Bedford			
26.2	Neil de ste Croix			
26.32	Karen Smith			
27.17	Jauza James			
27.23	Jake Smith			
27.31	John Thompson			
28.35	Tim Fox			
28.54	Callum Macfarlane			
28.56	Jens Drea			
29.38	Gordon Smith			
29.41	Noah Maranzana			
30.43	Leana Coetsee			
31.38	Jamie Macfarlane			
31.39	Makao Butterfield			
31.41	Vivienne Lochhead			
32.55	Stepanka Sprincova			
33.17	Sanchez Smith			
36.24	Marna Louw			
36.56	Ezra Dyer			
37.42	Deryck Raymond			
38.18	Robin Bedford			
40.25	Ollie Soares			
40.26	Rohan Roopra			
43.35	Judith Howe-Tucker			
47.27	Karen Gonsolves			
<u>200m swim/3 laps bike/1 lap run</u>				
26.04	Julia Hawley			
<u>100m swim/3 laps bike/2 laps run</u>				
41.59	Donna Nicholson			
<u>100m swim/3 laps bike/1 lap run</u>				
32.22	Joanna Heaney			
<u>100m swim/2 laps bike/1 lap run</u>				
21.42	Jasper Lau			
22.06	Joseph Lau			
22.08	Ben Lau			
23.31	Oliver Thompson			
25.58	Emma Wright			
26.07	Lorin Roopra			
26.26	Luke Thompson			
28.26	Bethany Davidge			
<u>100m swim/1 lap bike/1 lap run</u>				
20.57	Emma Metschnabel			
20.58	Eva Wright			
25.15	Sophia Davidge			
26.06	Romy Drea			
<u>50m swim/2 laps bike/1 lap run</u>				
22.48	Charlotte Henderson			
<u>25m swim/2 laps bike/1 lap run</u>				
27.24	Heath Kemp			
<u>25m swim/1 lap bike/1 lap run</u>				
20.12	Pippa Henderson			
29.08	Indigo Kemp			
<u>400m swim/2 laps run</u>				
14.31	Connor Hupman			
<u>200m swim/3 laps bike</u>				
24.12	Manning Smith			