

Bermuda Good Friday Home Event - John Smiths Bay

| 750m Swim, 20km Bike (4 laps), 5km Run (2 laps) | | | | | |
|---|----------------------|------------------|-------------------|--------------|---------------|
| | | Overall Time | Time to T2 | Run split | |
| 1 | Alex Waldauer | 1:06:31 | 47.00 | 19.31 | |
| 2 | Steve Smith | 1:07:45 | 46.31 | 21.14 | |
| 3 | Byron Rencken | 1:08:12 | 47.59 | 20.13 | |
| 4 | Alan Potts | 1:08:30 | 48.48 | 19.42 | |
| 5 | Will Green | 1:09:05 | 49.28 | 19.37 | |
| 6 | Geoff Smith | 1:10:51 | 47.50 | 23.01 | |
| 7 | John Thompson | 1:11:40 | 50.20 | 21.20 | |
| 8 | Jeremy Shrubbs | 1:13:20 | 50.16 | 23.04 | |
| 9 | Jamie Bedford | 1:15:17 | 54.00 | 21.17 | |
| 10 | Nicole Mitchell | 1:16:35 | 52.13 | 24.22 | |
| 11 | Sharon Hammond | 1:20:56 | 56.23 | 24.33 | |
| 12 | Leana Coetzee | 1:22:27 | 57.56 | 24.31 | |
| 13 | Steve Wells | 1:24:19 | 56.05 | 28.14 | |
| 14 | Matt Viney | 1:25:15 | 1.01.20 | 23.55 | |
| 15 | Nick Greet | 1:31:13 | 1.06.15 | 24.55 | |
| 16 | Mark Domingo | 1:31:13 | 1.05.33 | 25.40 | |
| 17 | Lea Osbourne | 1:35:12 | 1.06.14 | 28.58 | |
| 18 | Cesar | 1:43:14 | 1.14.55 | 28.19 | |
| 19 | Barbara McWhirter | 1:44:16 | 1.15.30 | 28.30 | |
| 20 | Trent Lightbourne | 1:47:47 | 1.16.52 | 30.56 | |
| 21 | Marna Loew | 1:51:17 | 1.22.48 | 28.29 | |
| | | | | | |
| | Tommy Marshall | DNF | Started run | | |
| | Arthur Wightman | 1:00:54 | No run | | |
| | Cameron De Ste Croix | DNF | Swim only | | |
| | Alex Wilberz | Duathlon 1:21:51 | Run 13:09 (2.5km) | 40:47 (20km) | 28:55 (5km) |
| | Maria Duffy | Duathlon 1:05:52 | Run 13:09 | 40.47 | 11:56 (2.5km) |