

Table 1

	Long Distance			Short Distance		
1	Tommy Marshall	24.04		1	Rory Fosker	23:33
2	Neil de St Croix	26.34		2	Owen Fosker	25.01
3	Jauza James	26.48		3	Rianon Robinson	26.01
4	Kent Richardson	27.31				
5	Jong Vivencio	27.39				
6	Chris Fosker	27.44				
7	Jake Smith	29.57				
8	Nick Greet	30.00				
9	Charlotte Millington	30.39				
10	Adam Petty	30.47				
11	Maria Duffy	30.53				
12	Randolph Smith	31.40				
13	Handsome Williams	31.49				
14	Steve Petty	32.03				
15	Hannes Heyns	32.03				
16	Tami Alikhani	32.09		Other distance		
17	Paul Tohill	32.21		Kylise Wade	28.29	Long but 1 lap of run
18	Jayla Grant	32.29		Jaelyn Grant		Long but 100m swim
19	Leanna Coetsee	35.35				
20	Nathan Samuels	35.41		Nick Pilgrim- DNF		
21	Marika Heynes	36.21				
22	Catherine Maddever	36.57				
23	Judith Howes-Tucker	43.33				
24	Karen Gonsalves	45.30				
25	Lisa Smart	56.21				
26						