

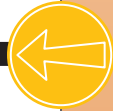
TRANSITION AREA

Senior Individual/Team/Try-a-Tri/School Triathlon Challenge

FRONT STREET

HSBC 

Transition Area



Albouy's Point



LEGEND



SWIM IN



BIKE OUT



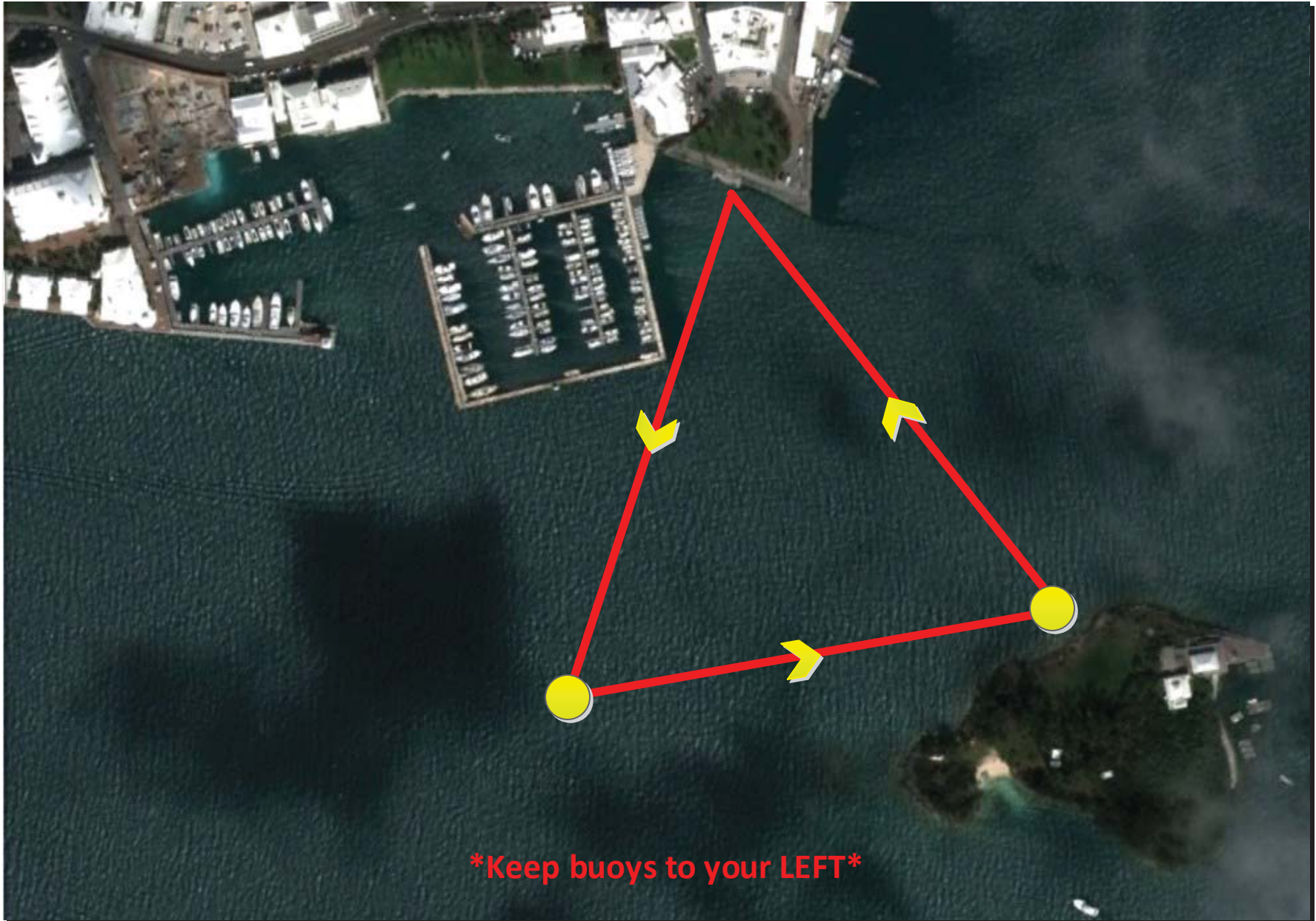
BIKE IN



RUN OUT

SWIM

Senior Individual/Team



Keep buoys to your LEFT

Distance: 750m

Distance: 20KM

BIKE

5 Laps

Senior Individual/Team



Course Description:

Out of transition, left on Pitts Bay Rd, right up Woodbourne Ave, right on Gorham Rd, right down Bermudiana Rd, left onto Front St, continuing down to East Broadway, turnaround just before roundabout, back along East Broadway, continuing on Front St back to start.

Course Notes

CLOCKWISE Direction

Keep Left

NO Drafting

HELMET REQUIRED

Distance: 5 KM

RUN

5 Laps

Senior Individual/Team

