

AON National Sprint Triathlon Championship

SUNDAY 28th OCTOBER 2018

CLEARWATER SOUTHSIDE



The Bermuda Triathlon Association is pleased to announce that this year's AON Triathlon will be held at **Clearwater Beach, Southside, St. David's**

AON
Empower Results®

JUNIOR TRIATHLON - INDIVIDUAL ONLY

7 - 8 year olds – 100m swim, 5km bike, 1km run
9-10 year olds – 100m swim, 5km bike, 1km run
11-12 year olds – 200m swim, 10km bike, 2km run
13-15 year olds – 375m swim, 10km bike, 2.5km run

9.00 AM

Eligibility: Participants must be at least 7 years old on event date to participate. Age categories are determined by age on 31 December 2018.

Categories: Mountain/BMX bikes and Road Racing Bikes.

Junior Individual, Male and Female categories in each of the two bike divisions for the following age groups 7-8, 9-10, 11-12 and 13-15.

Junior Awards:

Individual: 1st, 2nd & 3rd Road Bike, for Male and Female, for ages 7-8, 9-10, 11-12, 13-15.

Individual: 1st, 2nd & 3rd MTB/BMX Bike, for Male and Female, for ages 7-8, 9-10, 11-12, 13-15.

VERY IMPORTANT.

There will be lifeguards with safety kayaks/surfboards. The children swim course will be positioned close to shore along the shoreline, however, there may be a situation where the child may not be able to stand or otherwise touch the bottom. Accordingly, the event is open only to those children who meet the age restriction and are competent swimmers who are able to swim the appropriate distance for their age unaided.

Parents/Guardians will be required to certify as to swimming ability on the entry waiver.

ADULT SPRINT TRIATHLON – INDIVIDUAL & TEAM

750m Swim, 20km bike, 5km run

9.00 AM

Eligibility: Age categories (Junior & Adult) are determined by age on 31 December 2018.

Minimum age 16 (as of Dec 31st 2018), although younger triathletes may request permission from the BTA Executive to enter the sprint distance and eligibility will be determined on a case by case basis.

Categories:

Adult Individual Event: Male & Female, age categories will be 16-19, 20-29, 30-39, 40-49, 50-59 and 60+

Adult Team Event: 1. OPEN, 2. ALL FEMALE, 3. COMPANY/REINSURANCE (all 3 members of a company/reinsurance team must work for the same company). Each team must comprise three different people, a swimmer, a cyclist and a runner. Individuals are only permitted to participate on one team. Note: a participant doing the individual event may do the swim leg for a team but must be eligible for that team.

Awards:

Individual Event: 1st overall male and female. 1st, 2nd and 3rd overall

Male and female in each age category (the overall male and female winners are not also eligible for awards in their respective age groups)

Team Event: 1st, 2nd and 3rd team in each team category.



ENTRIES ONLINE ONLY AT:
www.racedayworld.com
 LATEST REGISTRATION: 5.00pm on FRIDAY 26th October

ADULT 'TRY-A-TRI' SUPER SPRINT INDIVIDUAL
 200m swim, 5km bike, 1km run
9.00 AM
 Awards: 1st, 2nd and 3rd overall

Entry fees (The one-day BTA fee (\$10) will be deducted from BTA-members at checkout):

- Junior (Individual Only) & Try-a-Tri: \$20
- Adult Individual – (Sprint Distance & Try-a-Tri): \$40
- Adult Team – (Sprint Distance): \$45 or \$35*

* If swimmer in individual race also swims for a team

Race Day Times:

Individual & Team ADULT Triathlon, JUNIOR & TRY-a-TRI:

- ALL race number pickup at check-in from **7.30am**;
- ALL bikes must be racked by **8.40am**;
- Mandatory race briefings:
JUNIORS: 8.45am in transition for all participants;
ADULT, TRY-A-TRI: 8.45am in transition for all participants
- ALL* Races start time for all categories: **9.00am**,
- Timing by 'BermudaTiming' will prove all split times.



Course Maps: will be posted online at www.bermudatriathlon.com and www.racedayworld.com

Rules: BTA Rules will be observed.

- This is a non-draft legal race; no drafting will be permitted on the bike; time penalties will be assessed
- **For junior participants in the 7-10, 11-12 or 13-15 categories:** Time-Trial bikes, aero bars, aero helmets and disc wheels are **NOT Permitted**.
- **For Adult (Individual & Team) and Try-a-Tri:** Road bikes (with or without aero bars), Time-Trial bikes, aero helmets and disc wheels are **Permitted**.
- No bare torsos after the swim
- No ipods or headphones
- No outside assistance
- All participants must wear a swim cap during the swim (NOT provided)
- All participants must wear a helmet during the cycle leg
- Bikes must be racked gently and securely
- No bikes with training wheels for juniors
- See www.bermudatriathlon.com for full rules

Please be kind to our volunteers – they are there to ensure that the event is as safe as possible for you!

**Race Number Pick-up on the morning of the event:
 Sunday 28th October at Clearwater - From 7.30am.**

**ALL PARTICIPANTS ARE REQUIRED TO WEAR A SWIM CAP.
 SWIM CAPS WILL NOT BE PROVIDED AND ATHLETES NEED TO BRING A SWIM CAP.**

All enquiries:

aces@bermudatriathlon.com

